

# **Jnana Prabodhini Competitive Examinations Centre**



'Nurturing Intelligence for Social Change'

Exam training and Career Counseling programs for youth in Border and Aspirational States Networking of
Officers at Central and
State Level, and Alumni
across professions for
sharing and
mutual support

Research and development of an Education System for competitive exam and higher education

Jnana Prabodhini
Competitive
Examinations
Centre

A training system
to develop
Knowledge, Skills,
Attitude and
Motivation for public
and social sector
careers.

Competitive
Aptitude Assessment
Test (CoApt) with
Counseling and
Ability Building
inputs

Vision: To identify and enable youth working for National Integration through various careers and create a network connect for synergy.

Mission: 1. Extending the benefit of high quality training methods to the youth of Border and Aspirational States of India to promote national integration.

- 2. To build a network of officers in Maharashtra, India and abroad for mutual learning, support and motivation to keep doing exceptional work in administration.
- 3. Creating training programmes based on scientific research in pedagogical methods and psychology of leadership and motivation.
- 4. Delivering comprehensive training programmes for competitive examinations of the highest level, covering content, skills, attitudes, and motivation.



**Complete Batch 2024-25** 



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**Classroom training** 

**Individual Mentoring** 



Jnana Prabodhini Officer's Network Meeting in Pune 2024

### The Thought Behind Starting JPCEC

India is bestowed with a cultural heritage of thousands of years. Ample natural resources, unlimited manpower, the progress made in science and technology against all odds, the biggest democracy and the huge administrative system to run such a big Nation are our strengths. But still we are called a struggling, developing country. Why is there so much disparity in each and every field?

To give solutions to this problem, in 1990 **Prachiti,** a group of college-going youth tried to develop their careers with social commitment. They tried to find a proper field, taking into consideration the needs of our nation and the strengths and weaknesses of different careers. They have chosen six careers suitable for working in this direction. **Administrative services** is one of them. India needs self-inspired, committed and competent bureaucrats. An attempt is made by Jnana Prabodhini to send such service oriented officers in the administrative system since 1995.

### Important Milestones in the 30-years Journey

1995	Founding, Start of MPSC Coaching, News Circle Activity
1996	Beginning UPSC CSE Coaching
1998	Shri Santosh Vaidya, First IAS Officer, MPSC Maharashtra topper
1999	Outreach and education program with GDK Trust, MPSC Coaching in 5 districts
2000	Started MPSC Officers' Training Program
2001	'Prerana' Batch for UPSC CSE Interview started, an innovative training program
2005	UPSC CSE Target Mains Batch (later Mission Mains Batch) started
2008	First District Study Tour to Nandurbar, 8 students in top 100 ranks of UPSC CSE
2009	First 7 toppers of MPSC from JPCEC, Interview on Doordarshan Mumbai
2013	Beginning of activities in 5 districts Arunachal Pradesh with student volunteers
2015	MPhil Research on 'Reading Comprehension'
2016	Start of Ability Building Program
2017	Start of Critical Thinking Course & Facilitation Batch
2020	Covid pandemic - online programs in J&K, Ladakh, Chhattisgarh & Arunachal
	Consolidation of Officers Network and Study Groups through social media
	Completion of PhD in Critical Thinking by Dr. Savita Kulkarni
	13 students guided by JPCEC got selected as APPSC Officers
2021	Development of Co-Apt Test
2024	CoApt Testing and Counseling in Chhattisgarh, Arunachal Pradesh
2025	Completion of 30 years - A strong alumni network getting built

#### **UPSC Preparation programs at JPCEC**

We strive to cover the entire spectrum of learning - 'Knowledge, Skill, Attitude, Motivation and Vision'. Various learning inputs are thoughtfully designed to develop one or more of these aspects. Our teachers, senior officers, senior students, well-wishers always inspire us to achieve it with their blessings and enthusiastic cooperation.

### **Comprehensive or Complete Batch**

For success in Civil Services Examination, the role of proper guidance and mentoring is crucial. This program aims to give inputs for value - addition during preparation for Civil Services Examination. It is assumed that the candidates have **completed** some **Comprehensive or Preparatory Course** for UPSC preparation and **have read the basic 40 recommended books** and/or have gone through some websites.

Competitive Aptitude Testing & Guidance: 'Competitive Aptitude Assessment' is a tool developed by JPCEC which can be used to generate a profile of the aspirant and give detailed counselling suggestions for his or her future plan of action in the UPSC journey. This will also help to decide about going for self-study or joining some class and also understand one's strengths and weaknesses and to work on that for UPSC success. This testing can also be done separately by anyone who is planning to attempt competitive examinations in future, is already preparing for them or has already given some attempts.

Orientation Sessions for Compulsory and Optional Subject Papers: Experienced and expert faculty members will conduct section wise Orientation Sessions covering all General Studies Papers and Essay Writing. It will include orientation on how to study a topic, which sources to refer, linkages with current affairs, answer writing strategies, and MCQ preparation etc.

**Perspective Building**: Guidance on Planning of Workload, Objectives, Resources and Time, Performance Tracking and Self Assessment Tools.

**Study Skills:** Expert guidance in Study Steps, Reading Skills, Comprehension, Memory, Notes Making, Revision Skills, Presentation Skills, Writing Skills,

**Critical Thinking Workshops:** Training for understanding essential concepts of critical thinking like Inferences, Reasoning, Assumptions, Interpretation, Argument Building, Consistency in Writing, Logical Fallacies, Cognitive Biases, Questioning Skills, Observations Skills, etc.

**Newspaper & Current Affairs Analysis:** Orientation of Current Affairs and how to read newspaper, demonstrations and group activities of news analysis from Prelims and Mains perspective.

**Group Mentoring:** Senior students of the Centre are assigned as Mentors to the group of 4-5 students. They provide strategic inputs from time to time using their personal exam preparation experience.

**Individual Guidance:** Regular One-to-One Counselling Sessions with HOD and Senior Mentor to discuss problems in studies and planning etc.

**Experiential Learning Inputs:** Self Enhancement through Volunteer Action (SEVA) is an important Experiential Learning input. It includes learning through Study Tours, Village/slum visits and teaching, and projects for practical, first hand feel of national problems as well as the administrative system.

**Personality Development Inputs:** Workshops on 'Know Yourself', 'Stress Management' and 'Emotion Management'.

**Access to JP Study Room:** Full day access to Study Room will be available for facilitation batch students on separate payment.

#### **Ability Building Batch**

This is a 3 months-50 hours batch for aspirants who have given one or more attempts of UPSC Prelims or Mains. This batch gets a crash-course version of JP's process inputs for CSE preparation, which include following modules -

1. Competitive Aptitude Testing & Guidance, 2. Study Skills, 3. Ability Building Workshops, 4. Critical Thinking Workshops, 5. Perspective building for Compulsory Papers, 6. News Paper & Current Affairs Analysis, 7. Individual Guidance and 8. Personality Development Inputs.

#### **Mission Mains Batch**

This is a fast-paced, rigorous answer-writing program for those who have attempted the Preliminary Examination with proper preparation. The modules include daily answer-writing and discussion sessions, weekly sectional tests, evaluation and discussion, and regular mentoring by UPSC Toppers. Special attention is given to maintaining health, positive attitude and strong temperament, along with writing and presentation skills, through counseling with Senior Mentors.

#### **Prerana Batch for Personality Test**

This program is one of the best facilitation for Personality Test (Interview) all over India through Experience Sharing by Interview appeared aspirants, Personality profiling, Group Activities, Village visit - District/State Study tours and Mock Interviews. The program has been successful and the results are reflected in the above average and 200+ interview marks to many of the program participants.



**Full Panel Mock Interview in Progress** 

#### **Jnana Prabodhini Activities**

**Varsharambh:** The academic year starts with the Varsharambh programme in which 'Upasana' is held and students seek blessings from teachers and elders.

**Regular Prayer and Weekly Upasana:** All the students and teachers recite "Omkar", "Shanti Mantra" & "Sarva Dharma Prarthana" in unison before and after every session. '**Meditation' &** Reflective talk on positive temperament - '**Upasana Chintan'**, is also observed during 'Weekly Upasana', every Saturday, at 5.00 PM.

**Interaction sessions with JP members and visits to JP centres:** To get introduced with the work and projects going on in JP, students visit different projects and centers of JP. They interact with the full time activists to know about their experiences, challenges of their work. Students also participate in some of the activities and programs of JP.

**Cultural activities:** We celebrate all major festivals such as Diwali, Bhondla, Ganesh Utsav together, so that the students staying away from home do not miss out on the celebrations. Students from the Northeastern and Border states also participate, making these celebrations enjoyable yet meaningful, strengthening students' bond with each other and the Centre.

### Academic Research on Learning, Motivation, and Attitude

All of JPCEC's educational and experiential programs are developed through regular, rigorous, scientific analysis and research on all aspects of teaching and learning. We have developed several pedagogical methods, planning and tracking tools for effective learning.

One such input developed through research is 'Critical Thinking Course', which is a 2 credit, NEP 2020 compliant course for undergradute and postgraduate students. This course is based on the contributions in Critical Thinking research by Carl Bergstrom, and experience of the members of the Critical Thinking Group in Jnana Prabodhini. The course contains workshops and modules on Cognitive Skills, Dispositions, Metacognition and Self-Regulation, Observation Skills, Questioning Skills, Logical Fallacies, Cognitive Biases and Decision Making. This course is taught by Dr. Savita Kulkarni along with Shri Amol Phalke of Samajik Shastra Adhyayan Kendra (Social Sciences Studies Centre) at Jnana Prabodhini, and Dr. Deepak Gupte.



Glimpses of visit to Arunachal Pradesh

## **Competitive Aptitude Assessment Test (Co-Apt)**

Having worked in the field of coaching for competitive examinations for more than 30 years we designed a screening tool which will help students make an informed decision of entering the civil services journey. Different aspects which are important for students while preparing for any competitive examination are measured through this tool. This tool is useful for the students who are going to appear for any competitive examination or/and have already appeared for this examination at least once.

The Competitive Aptitude Assessment Test (CoApt) is designed to measure the competencies of competitive examination aspirants. The competencies measured in the test are 1) Cognitive Skills and Abilities, 2) Study Skills and Study Habits, 3) Metacognition and Self Regulation and 4) Competitive Spirit which are important while studying for any competitive examination. The aim of the test is to help students identify the gap between the competencies they possess and the competencies they require in order to take the decision to undertake this journey of preparation for competitive examination. A detailed individual Test Report is generated on the basis of test scores on the various competencies. Subsequently, individual counseling to discuss the test results and provide suggestions for appropriate steps to be taken, is arranged.

#### **National Integration**

We conduct Co-Apt Testing and Counseling, UPSC and State civil service examinations guidance, career counseling for students of Arunachal Pradesh, Jammu and Kashmir, Ladakh, Manipur, and Chhattisgarh states.

**Arunachal Pradesh:** During December 2023-March 2024 JPCEC student volunteers conducted UPSC training for eight weeks for the students in Naharlagun, Itanagar. Students of JPCEC traveled and stayed in Naharlagun by rotation, two volunteers for one week each, and one volunteer for the entire 8-week duration, and conducted the program. In March, 2024, Dr. Savita Kulkarni conducted career guidance workshops and administration of the Co-Apt Test for 150 students in Roing, Tezu and Naharlagun in Arunachal Pradesh. These students were also given online counseling. This entire program was supported by Globant CSR. In 2024-25 we conducted APPSC training program at Tawand and Roing, out of which 9 students were finally selected.

**Jammu and Kashmir and Ladakh**: In December 2023, JPCEC student volunteers conducted UPSC examination training for students in Kupwara district in Jammu and Kashmir.

**Chhattisgarh**: In 2025 we conducted CoApt Testing, Counseling, and Study Skills Sessions with Lead 36Garh Program of District Administration Raipur and Netritva Sadhana Kendra.

### Networking of Officers and Professionals across India and the World

Meetings of our past student officers for knowledge sharing, informal gatherings and study groups are planned regularly. Vertical interactions make officers able and confident to face various challenges in the system while working. We have more than 750 officers across all the states and Union Territories of the country, and more than 700 officers across all the districts of the state of Maharashtra.

We also organise get-togethers – 'Melava' every year or alternate year at Pune and several other places. Accomplished senior officers share their experiences and insights with the newly inducted and other officers. We are in constant touch with the officers selected through UPSC or MPSC examinations through WhatsApp groups. There are also three focussed learning groups – 1. Climate Change and Environment, 2. AI and Future Technologies, and 3. Health Systems. Apart from the service officers, we also have an active group of Officers' Spouses for interaction and sharing experiences of engaging in activities to contribute to the society.

Our alumni have also excelled in fields other than civil services. We have expert professionals working in the fields of education, research, journalism, finance, consulting, social service, etc.







Officers' and Alumni Meet in New Delhi

### A word of Caution!

Every year UPSC gets about 10 lakh applications out of which 5-6 lakh aspirants from all over India appear for the Preliminary Examination. High ability students with professional background of Engineering, Technology, Medicine, Management also compete for this prestigious career. Students from IITs, IIMs, AIIMS, and other world-renowned institutes also aspire to become a Civil Service Officer. **Hence the competition is obviously very tough and ruthless.** 

Out of the 5-6 lakh students appearing for Prelims, nearly 10000 (about 2%) are selected for Mains. Out of these ten thousand, nearly 2000 (about 0.4%) get an Interview call and finally about 900 are recommended (0.18%) by UPSC for a post. **So it is a 1 in 600 chance of getting selected.** Also one has to compete in the first attempt with Seniors who have cleared one or all of the Pre-Mains-Interview levels in their earlier attempts and/or are preparing for this exam for 5 to 10 years.

Considering this, in Jnana Prabodhini we try to build the **Abilities** (Understanding, Memory, Thinking) and the **Skills** (Reading, Listening, Revision, Writing) of the aspirants. Emphasis is given on Temperament Building & **EQ development**. To graduate clean, committed & competent officers, efforts are made for **Attitude Formation**. Students are made to appear for State level public service exams and also advised - guided about **alternate career plan A** to achieve their Life Goals. Students are given Experiential Learning inputs and helped to monitor the intangible gains that result in the rigorous UPSC journey. Thus, Jnana Prabodhini gives a unique and meaningful education to achieve Life Goals!



Officers' Get-together at Pune in August 2025

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